



KEYNOTE TOPICS

STOP ACTING. GET REAL

Unlocking Performance Through the Rehearsal Room Theory

In this engaging and highly interactive keynote, Dr Andrew Lewis introduces The Rehearsal Room Theory—a powerful framework drawn from the world of acting that helps leaders and teams create environments where people feel safe to step forward, speak up and try new ideas.

Blending storytelling, humour and practical tools, this keynote explores how trust, connection and psychological safety unlock learning, innovation and performance. Participants leave inspired to create workplaces where people feel valued, heard and empowered to bring their best selves to work every day.

